



IN OTHER WORDS

Supporting Children and Young People's aged 8-18 years mental health, In Other Words offers a supported self-governing group with fun activities and ongoing development opportunities to help build confidence, self-esteem and belief in a non-judgemental, confidential, safe and non-clinical environment.

CHILDREN'S MINDS FAMILIES MATTER

Children's Minds ~ Families Matter is a parent participation project led by Routeways, supported by Plymouth Parent Carer Voice.

We provide monthly fun family activities to give families the opportunity to share their experiences whilst learning together. We aim to empower families with children of all ages to ensure their and future families experience of CAMHS is the best it can be.

Both groups offer the opportunity to share your experience of the Child and Adolescent Mental Health Service in Plymouth and help shape the future of the Service in Plymouth in our four-weekly sessions.

Based at our fabulous Devonport Park Activity Centre, these groups are able to enjoy the extensive outdoor facilities including: pizza oven, fire pit, climbing wall, poly-tunnels, secret garden, play areas, pond, as well as indoor classrooms and kitchen area.

For more information about these groups please contact:

Rose Taylor
01752 500 496
07920 558 543
devonportpark@
routeways.org.uk

If you like the look of our CAMHS groups, have a look at our website for other groups we run out of our Devonport Park and Beckly Centres.

www.routeways.org.uk

DEVONPORT PARK ACTIVITY CENTRE

Fore Street, Devonport,
Plymouth PL1 4BT
01752 500496
Find us behind the cottage.

